# UW RHEUMATOLOGY Fellowship at a Glance



### YEAR 1

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Clinical .

Research

Didactics

**UW offers unparalleled clinical and research training opportunities.** During YEAR 1, all fellows focus on comprehensive clinical training (continuity clinics, inpatient consult services) and QI work at 3 urban hospitals. During YEAR 1, Academic Track fellows choose between Physician-Scientist and Clinician-Scholar/Educator pathways. Clinical Track fellows typically follow the Community Practice pathway in YEAR 2. All UW Rheumatology fellows engage in impactful research and scholarship, supported by protected time and the *Mentorship Committee*.

#### **Primary Training Sites**

Harborview Medical Center (HMC): Seattle's safety net hospital

MC

• UW Medical Center-Montlake (**UWMC-ML**): Regional quaternary referral center

**Continuity Clinics** (3 half-days/wk, 1 at each site)

HMC

**UWMC-ML** 

**VAPSHCS** 

Inpatient Consult (1-month rotations: UWMC, HMC, VAPSHCS)

CCC

**ICOI** 

VA Puget Sound Health Care System (VAPSHCS): Regional VA referral center

# YEAR 2 (and 3)

#### **Academic Track**

- *Physician-Scientist* (**P/S**) pathway: for academic career focused on research; 85% research, 15% clinical/other; NIH T32-funded, 3 year pathway
- Clinician-Scholar/Educator (C/S) pathway: for academic career focused on patient care, education and scholarship; 55% clinical, 45% research/teaching; 2 year pathway





#### **Clinical Track**

• Community Practice (C/P) pathway: for clinically-focused rheumatology career; 55 - 75% clinical, 25 - 45% research/teaching; 2 year pathway

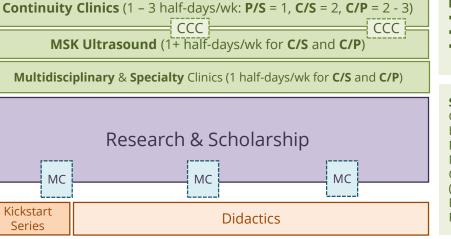


#### **Continuity Clinics** and **Inpatient Consult** Services

- Highly diverse patient populations (3 sites)
- Rotation-specific goals/objectives/evaluations
- Work with residents and students
- All afternoons free for inpatient consult work
- Most weekends free of clinical duty
- Progress assessed by Clinical Competency Committee (CCC)
- ICQI blocks: research development, interdisciplinary clinics, QI work

#### **MSK Ultrasound Training**

- 2 instructors
- Machines at all sites
- Sufficient exams (100 150) for certification (C/S and C/P Pathways)



## **Specialty Clinics+**

GCA Fast Track Clinic Scleroderma ILD (Pulm)-Rheum Neurology-Rheum Oncology-Rheum (iRAE)

**Procedures Clinic** Pediatric Rheum

Sports & Spine Metabolic Bone Dermatology-Rheum Tulalip Tribes Clinics

#### **Guidance & Mentoring**

MC

Kickstart

Series

**ICQI** 

- Mentorship Committees (MC):
  - mentors/projects, and develop a research and training plan
  - ✓ Year 2 and beyond: individualized committee to help fellows meet research and training milestones during YEAR 2 (and YEAR 3 for P/S Pathway)
- Individualized Development Plan (IDP): living document to guide fellow career development

#### **Research Opportunities**

CCC

HMC

ICOI

- Dedicated research development time in Dept. Immunology YEAR 1 (ICQI blocks)
- (e.g., MPH, MS)
- State-of-the art labs at UW Medicine's South Lake Union facilities
- 30+ eminent NIH T32 mentors:
- Div. Rheumatology

- Dept. Medicine
- Dept. Global Health
- School of Public Health
- Fred Hutchinson Cancer Research Center
- Seattle Children's Research Institute
- Benaroya Research Institute

#### **Didactics+**

Kickstart Series Fellows' Lecture series Morning Report Works in Progress Journal Club

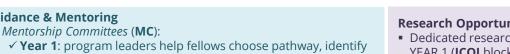
Rheum Grand Rounds •

Clin/Ed Workshops Immunology Lectures •

Clinical Trials Series Radiology Conference

### Clin-Ed opportunities:

- Medicine Rounds
- Fellows' lectures
- PEC participation
- Resident teaching
- Student teaching



HMC VAPSHCS UWMC

Scholarship

MC Plan (or T32)

**Didactics** 

Support for advanced training/degrees – School of Medicine